



& DINING Delivered

Whole Foods Market

222 Hennepin Ave, Minneapolis, MN 55403

our catering features real food, pure and simple. every recipe uses ingredients that meet the same high quality standards as the products on our shelves and in our cases, featuring: no artificial colors, flavors or sweeteners, no hydrogenated oils, no added trans fats, meat from animals raised without the use of antibiotics, seafood with no antibiotics, preservatives or growth hormones.

featuring organic local ingredients

breakfast

eggs meat buffet **12.95**
scrambled eggs, choice of breakfast protein, rustic breakfast potatoes, seasonal fruit salad two bite breakfast pastries

seasonal sliced fruit platter
a gorgeous arrangement of the freshest fruit and ripe berries

s: serves 12-15
l: serves 25-30

fruit bowl (serves 10 - 12) **29.99**

muffin assortment
a tasty selection of assorted muffins

s: serves 10
l: serves 20

gluten free muffins (4) **8.99**

bagel box
assorted savory, sweet and plain bagels served with cream cheese, preserves and sweet butter

small: 1 dozen
large: 2 dozen

breakfast pastry platter
a decadent mix of danishes, croissants, muffins and scones.

small: serves 10
large: serves 20

two bite breakfast pastries (dozen) **7.99**

morning yogurt parfait bowl **68.95**
vanilla granola and yogurt accompanied by fresh, juicy berries. let your guests customize their perfect parfait with the build-your-own bowl. build-your-own bowl includes pecans, honey and dried cranberries

serves 20

pre-made yogurt parfait **4.95**
vanilla granola yogurt accompanied by fresh juicy berries

breakfast

hard boiled eggs (2) **2.49**

fruit skewers (dozen) **24.95**

homemade quiche **16.95**
our fresh-baked quiches will delight your breakfast/brunch crowd with eggs, cheeses and buttery, flaky crusts.

5 slices

*traditional lorraine
broccoli cheddar
tomato basil
florentine*

sausage, a la carte **3.95**
2 patties/links

bacon, a la carte **3.95**
3 slices

creme brulee french toast
rich and gooey, our baked french toast is served with whipped cream, fresh seasonal berries and real maple syrup

s: serves 12
l: serves 20

breakfast sandwich **5.95**
choice of meat, egg cheese on and english muffin

breakfast burritos (6) **34.95**
spice up your morning with flavorful burritos and tacos, served with pico de gallo and salsa.

burritos (half dozen)

*egg, potato cheese
bacon, egg, potato cheese
sausage, egg cheese
southwest tofu scramble*

breakfast tacos (dozen) **34.95**
spice up your morning with flavorful burritos and tacos, served with pico de gallo and salsa.

tacos (dozen)

*egg, potato cheese
bacon, egg, potato cheese
sausage, egg cheese
southwest tofu scramble*

breakfast

oatmeal kit **34.95**
cooked steel-cut oats served warm with dried fruit, brown sugar, nuts, fresh berries and maple syrup on the side.

serves 12

coffee to go **16.99**
our signature allegro coffee, piping hot and ready to pour. a must-have for any breakfast meeting.

regular or decaf, with cups, stir sticks, sugars, half half or non-dairy milk.

fresh squeezed orange juice **10.99**
half gallon, serves 8

for the group

wrap tray
an assortment of full sized wraps, cut in half

s: 6 wraps, 12 halves
l: 12 wraps, 24 halves

choose 3 from:

*turkey avocado
chicken caesar
asian chicken
cranberry tuna
grilled veggie
garden veggie*

traditional sandwich board
chef's selection of our classic sandwiches prepared on artisanal bread and artfully arranged.

*oven roasted turkey swiss
roast beef cheddar
black forest ham swiss
grilled veggie hummus*

serves 10: \$59.75
serves 20: 114.95



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for the group

group salad

choose from any of our fresh salads:

rainbow salad
pecan feta salad
mozzarella, basil, tomato
market salad
house salad
greek salad
garden salad
chicken cobb salad
caesar with chicken salad
caesar salad
blueberry chicken salad
asian edamame salad

soup for the group

64 oz, serves 8

tomato basil
veggie chili
baked potato
broccoli cheddar
chicken noodle
chicken tortilla
corn poblano
triple grain green

pizza - 16" (serves 3-4)

signature wood fired pizza

boxed lunches

soup boxed lunch 11.95

served with ciabatta, fruit and a chocolate chunk cookie

salad boxed lunch 11.95

served with ciabatta, fruit and a chocolate chunk cookie

wrap boxed lunch 11.95

served with potato chips, choice of fruit, potato salad or pasta salad and a chocolate chunk cookie

sandwich boxed lunch 11.95

served with potato chips, choice of fruit, potato salad or pasta salad and a chocolate chunk cookie

soup cup 5.95

sides

potato chips

homemade potato chips

serves 6-8: \$8.99

serves 15-20: \$14.99

smoked mozzarella pasta salad 10.99 (lb)

coleslaw (lb, serves 8-10) 6.99

platters

aram wrap platter

assorted flavored wraps with fresh meats, artisan cheeses and farm-fresh produce, cut into colorful pinwheels.

includes:

garden, california club, grilled chicken caesar

s: serves 10

l: serves 20

mediterranean platter

hummus, tabbouleh, marinated feta, roasted artichoke hearts, hand-rolled dolmas, falafel, assorted olives and grilled spiced pita triangles.

s: serves 12

l: serves 25

herb crusted beef tenderloin platter

marinated beef tenderloin, cooked medium rare, artfully arranged with grilled onions, portobello mushrooms, arugula, horseradish cream and baguette slices. serve at room temperature.

s: serves 12

l: serves 25

cooked shrimp platter with cocktail sauce 39.95

the elegant no-cook appetizer for parties. our responsibly farmed shrimp is cooked to tender perfection. signature cocktail sauce included for hassle-free serving.

serves 8 (2 lb shrimp, 8 fl oz cocktail sauce)

platters

vegetarian antipasti platter 68.95

a savory selection of marinated olives, artichoke hearts, mushrooms, roasted red peppers, grilled vegetables, marinated bocconcini and smoked mozzarella.

serves 25

artisan cheese selection 91.95

our favorite local and seasonal cheeses including salemville blue, landmark creamy gouda, metropolitan brie and black diamond cheddar.

accompanied by toasted nuts, seasonal fruit, bread and crackers. substitutions may be made due to product availability.

serves 25

classic wisconsin cheese selection 45.95

cubed mild cheddar, swiss, pepper jack, and provolone. served with fresh fruit and crackers.

serves 20

grilled vegetable platter (serves 15) 42.95

served with red pepper aioli

charcuterie italian cheese 159.95

a deluxe selection of artisan salumi, including milano, calabrese, prosciutto and mortadella. served with marcona almonds, fresh fruit and a selection of italian cheeses including gorgonzola, taleggio, pecorino and fontina. served with crackers and baguette.

serves 25

tortilla chips dips 45.95

house-made corn tortilla chips with our fresh guacamole, chili con queso and pico de gallo.

serves 20

signature spreads 45.95

a selection of our classic spreads, served with baguette slices, assorted flatbreads and crackers.

serves 20

sides



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platters

crudite platter with dip

a selection of crisp fresh vegetables served with spinach artichoke dip.

s: serves 12

l: serves 25

appetizers

skewers (dozen)

choice of:

teriyaki chicken
thai peanut chicken
sesame tofu
honey soy marinated steak
assorted fruit
beet goat cheese

crostini (dozen) 19.99

the perfect finger food. toasted baguette slices perfectly topped with your choice of:

prosciutto with olive tapenade
rustica peppers
balsamic roasted pear with blue cheese
tomato bruschetta
sautéed wild mushrooms with fresh thyme
roast beef with horseradish cream

deviled eggs 10.95

hard-cooked eggs filled with creamy whipped filling.

choice of classic, pesto or curry

meatballs (lb, 16) 12.95

choice of bbq, marinara or vegetarian lentil brown rice with spicy aioli

eggplant arugula rolls (dozen) 24.95

thinly sliced grilled eggplant stuffed with goat cheese, arugula and roasted peppers.

crispy spring rolls (4) 7.99

vegetarian

mini spinach feta cakes (dozen) 24.95

perfectly pan-fried cakes made of fresh spinach and feta cheese. served with red pepper aioli.

appetizers

coconut chicken tenders (dozen) 19.95

boneless, juicy chicken tenders, breaded and cooked until crispy. served with mango salsa.

spanakopita triangles (dozen) 17.95

flaky phyllo dough crust filled with savory spinach and feta cheese.

empanadas (half dozen) 17.95

spicy, savory stuffed pastries served with red and green salsa.

choice of chicken or beef

mac cheese croquettes (dozen) 24.95

decadent mac cheese croquettes breaded and cooked so they're crispy on the outside and creamy in the middle.

gruyere spinach stuffed mushrooms (dozen) 21.95

earthy mushrooms stuffed with spinach and gruyère cheese.

desserts

mini dessert pastry platter (18) 36.95

mini dessert tart assortment (18 pieces)

mini dessert tarts (18) 36.95

mini dessert tart assortment (18 pieces)

cookie bar platter

whole foods market cookie bar platter

serves 8-10
serves 15-20

dessert bar (1) 2.99

serves 1

chocolate chunk cookie (1) 1.95

fresh baked chocolate chunk cookie.

serves 1